

[Dr Donald Roland](#)

By Marta | May 1st, 2008



Dr. Donald Roland is a board-certified plastic surgeon specializing in cosmetic plastic surgery in New York City. Dr. Roland is an extremely bright, handsome, personable and talented surgeon who delivers impeccable results and top notch patient care. In this interview, Dr. Roland talks about he's decision to become a plastic surgeon, the plastic surgery procedures he is most known for, gives advice to patients considering plastic surgery for the first time, what he likes most about his job, and the key to his popularity.

When did your fascination with plastic surgery begin?

I became exposed, interested, and fascinated while working in Bellevue ER as first year med student. Bellevue is one of two replant centers where limbs etc are re attached by Plastic Surgeons, I tagged along, got a summer job with them the following year and have great stories about it. I'm now a replant attending at the other of the two centers.

Which procedures are you most known for?

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What non-surgical procedures do you also perform?

I do all the latest injectables and my patients love the non surgical brow lift I do with Botox.

What are some of the most requested plastic surgery procedures by your patients?

Most popular procedure these days for me focus around enlarging and / or lifting the breasts.

What advice can you give to anyone who is considering plastic surgery for the first time?

1st timer advice.... Have realistic expectations and realize that it's surgery, it's gonna hurt some and you need to consider the changes permanent.

What have been the key innovations in plastic surgery over the past few years?

The FDA approval of silicone implants for cosmetic procedures and the assortment of available injectables are biggies lately.

Which tips can you give us for achieving natural looking breast augmentation?

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How would you go about consulting a patient before a rhinoplasty?

Rhino consultations need to explore the patient's motivation for the change and consider if there's any structural problems ie. Breathing.

Truth or Myth: Best plastic surgeons are in New York City or Beverly Hills?

NYC and BH defiantly breeds thoroughbreds because of the competition, but good Plastic Surgeons can be found, with some careful research across the country.

Plastic surgery is sometimes seen as a luxury expense. How can it be more affordable to an average person?

Patient financing has become easier as well as the trend to start early with smaller procedures, making PS more affordable.

To what do you attribute success and popularity as plastic surgeon?

PS is more popular because it's no longer taboo, now people talk about what they've had or are planning.

What is your philosophy about beauty?

My philosophy has been to work hard at having excellent results, after that it's personality and treating patients the way I would like to be treated. Simple.

What do you love most your job?

What I love most about my job is being able to use my 2 hands and brain to fix peoples ailments whether it's cosmetic or reconstructive.

And when you are not busy in your New York office, where can we find you?

When not in the office I'm soaking up this time in my life with my wife and 2 children, or alone building things in the woods upstate.

It was a pleasure to interview Dr Roland to find out more about him and his practise visit his website at:

www.donaldrolandmd.com